

School 12 PTA
Greater Rochester Health Foundation
Grant Discussion

Thursday, October 24, 2013

5:30-7:00pm



Welcome

Thank yous- Carl Almer
Ice Breaker- Mr. Padron

Greater Rochester Health Foundation Overview

Rachel Larson

Please ask questions/
give comments as we go

Two major focuses-

1) Exercise

2) Healthy Eating

Money

\$330,222 over three years 2013-2016

Just received another @\$100,000 to support more clubs (around \$33,000 per year)!!!

Monies cover-

- Salary and overtime for staff and teachers
- Supplies Needed For Groups
- Equipment for clubs
- Rentals for events (YMCA, Roller Skating)
- Snacks for clubs/events
- Equipment for school (mostly to be purchased in year 3)
- Consultants/Trainings (Headwater Food, Yoga, Rhythm Society, Action Based Learning, etc.)

Biggest Push-After-school Programs

- Fall Clubs- Soccer, Running, Cooking and Karate
- Trying to incorporate all grade levels as appropriate
- Had 125 slots available, had over 260 requests for those slots, most students wanted more than one club
- Issues with physicals needed for participation and unclear process for confirmation of who got in what club

Next clubs to roll out

5th & 6th grade basketball league with Mr. Martin (tryouts this week)

- Practice starts next week on Tuesdays and Thursdays
- 15 kids chosen through try outs

Girls Soccer league with River Flow

- 6-12 years old
- Monday and Wednesday practice, Games on Saturday
- Can accommodate up to 50 girls

Chess club-Mr. Vanderwyst, 24 Club- Mrs. Walters & Robotics Club-?? (need teacher)

- Sizes determined by Teacher

Karate and Cooking will continue

- Karate will keep the same 30 students until February, then start a new session with 30 kids on the wait list
- Cooking will rotate new students in every six weeks, 15 kids per session



Clubs Overview

Fall	Winter	Spring
Karate	Karate	Karate
Cooking (K-2)	Cooking (3 rd & up)	Cooking (?)
Running		Running
Soccer + Girls League		Soccer-Girls League
Basketball (5&6)	Basketball (5&6)	
	Cross Fit (older ages)	Cross Fit (older ages)
	Chess	Chess
	24 Club	24 Club
	Dance-Rhythm Society	Dance-Rhythm Society
	Yoga	Zumba
		Tennis

Spring Clubs

In addition to those already running...

- Soccer Spring league-up to 50 girls
- Cross fit-TBD
- Running-30 students
- Tennis-TBD
- Yoga
- Zumba (if we can working out training details by then)-TBD

In School activity work

- Fun Runs- First one November 1st
- Yoga in the classrooms
- Math in Movement
- Action Based Learning



Healthy Eating

- Cooking With The Principal-4 times a year
- Headwater Foods-Vegetable Education Salad Bar once a month
- Food equipment for lower grades (apple slicers, peelers, etc)
- Nutrition committee-
Set goals for the year
and accomplish them!



Support Family Activity

- Winter Sledding Party- January 11 or 12th, 2014
- Skating Party-February 2014
- YMCA family night- March 2014
- Roller skating Party-March 28, April 4 and 11th, 2014 (different grades on each night)

Volunteers Needed!

1. Club starters- 2:00-2:40
2. Veggie delivery- 8:00-9:00am each school morning
3. Nutrition committee-1st meeting, 10/29 at 5pm
4. Fun Run- November 1st- any time during the school day
5. Parent Focus group- meeting to be determined

HOW ARE WE DOING???

- Comments
- Concerns
- Helpful tips to grow/improve

Thanks for coming!

Next PTA meeting
November 21st, 2013

Keep on the look out for
Food Drive information!